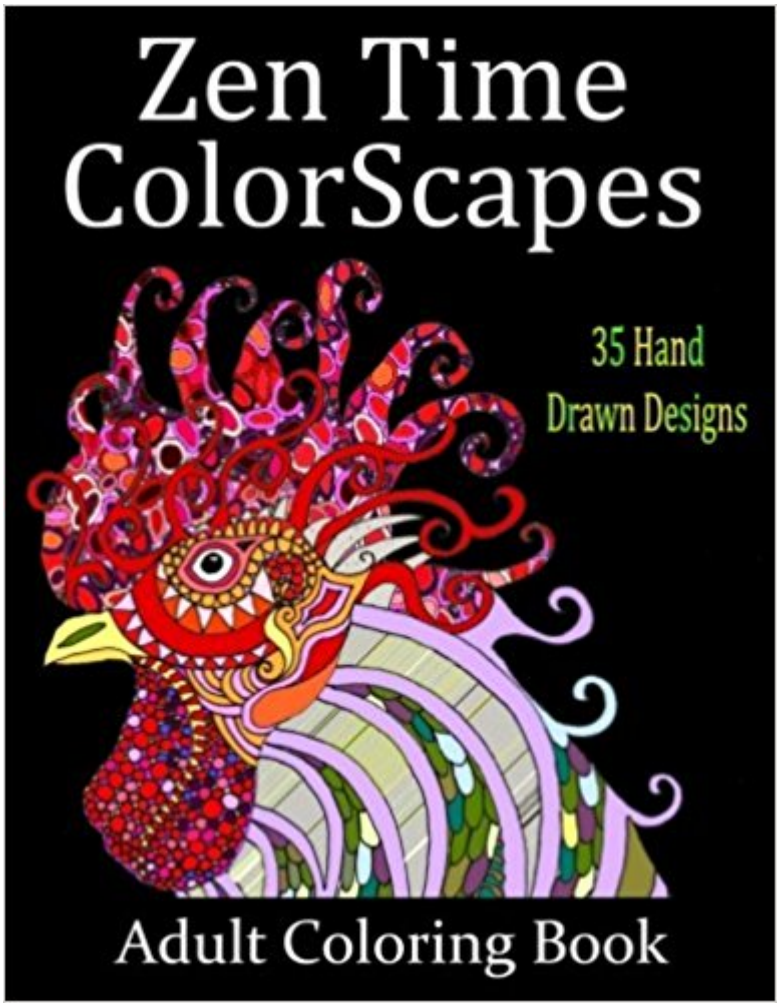
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Zen Time Colorscapes: Adult Coloring For Stress Relief And Relaxation (Volume 1)



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Synopsis

Zen Time is coloring and calming time! Creative Worx Studios invites you to relax and rediscover the simple relaxation and joy of coloring! Create your own masterpiece with your own unique style. This book has been hand drawn and designed by fellow colorist and artist Rick Cheadle Color with fine tipped markers, colored pencils or brush tipped markers. 35 original designs printed on one side of the page. Provides hours and hours of stress relief. Suitable for Adults and older children

Book Information

Series: Zen Time Colorscapes

Paperback: 72 pages

Publisher: CreateSpace Independent Publishing Platform; Clr Csm edition (November 23, 2015)

Language: English

ISBN-10: 1519487754

ISBN-13: 978-1519487759

Product Dimensions: 8.5 x 0.2 x 11 inches

Shipping Weight: 8.6 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 9 customer reviews

Best Sellers Rank: #3,005,527 in Books (See Top 100 in Books) #55 inÃ Â Books > Crafts, Hobbies & Home > Crafts & Hobbies > Needlecrafts & Textile Crafts > Ribbons #310 inÃ Â Books > Crafts, Hobbies & Home > Crafts & Hobbies > Needlecrafts & Textile Crafts > Rugs #1752 inÃ Â Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Zen > Philosophy

Customer Reviews

I love to color. I always and probably always will! The adult coloring books i think wreath best invention in a long time! lol I love that when I am stressed out I can go to my book and relax while coloring! This book is especially awesome because its not your typical book of designs. They are detailed and fun. and not like all of the others. This book really has its own ring to it and I LOVE it!Pros-Fun-Stress Relief-Detialed and differentCons-marker bleadsALl in all i really do love this book and i highly recommend it! Have fun coloring while you relax yourself! This book proves hours of fun and stress relief!I bought this item full price and would totally buy it agaiN!

I think this is a great adult stress relief coloring book. It has 35 pages of different unique designs to color. Each design is on its own page so that the colors don’t bleed through and ruin pages. I like to use gel pens, markers and colored map pencils to color the the designs. This would make a great

gift for any ages and will provide hours of coloring. I got this adult coloring book on sale and this is my own personal opinion.

I bought this for a gift for someone who needs to just calm the f down. I hope it works. I have used these myself and these adult coloring books, along with valium have done wonders for my mood swings.

This adult coloring book is wonderful! It has a wide range of designs and was done by a local author. Very excited to get this!

Love this book.

This coloring book looked like the pictures were photocopied or printed poorly. I was very unhappy to give this as a Christmas present as it looked bad quality compared to different coloring books I purchased.

This is my first time purchasing an adult coloring book. I had heard that it can be relaxing and it is - a great way to relax and accomplish something beautiful.I am impressed with the quality and the intricate designs. My plan is to frame a few of my favorites as they look very beautiful and they should be displayed!They will fit in an 8 x 10 frame. Might be a great handmade gift for a friend! Or purchase them their own with some good felt tip pens. I recommend those for getting into the small spaces and tiny swirls. Plus they’re nice and dark for beautiful coloring.I’m having a lot of fun coloring with my daughters. They have their Disney coloring books and I have my Zen Time!I purchased this coloring book at a discount in exchange for my honest and unbiased review.

What a great coloring book! Who says that kids are the only ones who should be coloring? I initially bought this for me, but decided to give it to my mother who is in a nursing home. There isn’t much to interest her these days, so I thought maybe this would spark something from her childhood and give her something creative to do. I also bought her an assortment of colored pencils and added them to this in a nice little gift basket. She started coloring right away and has asked for more! I received this coloring book at a promotional discount in exchange for my honest and unbiased review.

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